



AOD Provider
Collaborative



COUNTIES
MANUKAU
HEALTH

Primary Mental Health & Addiction Post-Graduate Scholarships for 2017

Are you working in primary care and want to learn more about supporting people with mental health conditions such as depression, alcohol/drug issues, and anxiety?

Are you interested in learning about screening, assessment and providing interventions in primary care, such as Motivational Interviewing, Cognitive Behavioural Therapy and self-management techniques?

Counties Manukau Health, in conjunction with the Counties Manukau AOD Provider Collaborative, is sponsoring mental health and addiction related post-graduate study either at a University or tertiary education provider. This study will enhance the care provided by General Practitioners, Practice Nurses and other practice staff in supporting the holistic wellbeing of all their patients.

Successful applicants will be supported to apply their learning in practice through having a clinical mentor, and will be expected to pass on the knowledge they gain from this scholarship to others in primary care.

Applications are now open for those who meet the criteria below:

- Working clinically in a Counties Manukau general practice (throughout the course of the planned programme of study) –most likely a General Practitioner or Practice Nurse;
- A New Zealand citizen or a permanent New Zealand resident;
- Not receiving any other scholarship/funding for this course of study, and
- Are supported by their practice to undertake this study and apply it in their work.

Each applicant needs to propose their preferred course of study and have approval to enrol from the institution providing the course. We can suggest potential courses if you are interested in a particular area, for example University of Auckland paper NURSING781 which offers a good overview starting point on talking therapies, tailored to PNs and GPs.

This scholarship will cover the cost of up to 30 points per person (or equivalent) in a year.

To make an application, please contact your PHO Mental Health and Addictions Coordinator or email scholarships@middlemore.co.nz for an application form.

For more information:

- Scholarship process: Tangi Fakaosilea, Tangi.Faka'osilea@middlemore.co.nz, phone 276 0044 ext 8483.
- Clinical: Sophie Ball, sophie.ball@middlemore.co.nz.
- AOD study options: See website for more information www.aodcollaborative.org.nz

Applications close: Midday 8th December. Interviews will take place the week 14th-18th December.