



RECOVERY
COLLEGE
REAL-LIFE LEARNING, TOGETHER



Become a Learning Group Facilitator

with Peter Thorburn

ABACUS
Counselling, Training & Supervision Ltd NZQA reg

When: A series of five sessions, 9.30am - 12.30pm, on Tuesday 2 May, 16 May, 20 June, 18 July and 15 August

Where: DRIVE Consumer Direction, 28C Lambie Drive, Manukau

Cost: This session is free of charge, however spaces are limited and registration is required.

Find out more and register: www.aodcollaborative.org.nz/events

This series of five workshops will prepare you to use your knowledge and experiences of recovery as a basis to develop an educational workshop. The workshops will:

Help you to identify the knowledge or skills you'd like to share in a workshop

Provide knowledge and skills in facilitating adult education

Practical tools for planning and facilitating learning groups.

Please note: It is recommended (but not necessary) that participants also attend the Recovery College session on 28th March called Sharing your recovery to 'inspire', 'educate' and 'inform' to prepare for these workshops.

Peter Thorburn spent 23 years struggling with a poly-drug addiction. Following his release from jail in 2005, he returned to school, attended University, and has since graduated as a qualified clinician – specialising in youth, alcohol and other drugs (AOD), and co-existing mental health problems. Peter has worked for ABACUS Counselling Training and Supervision Ltd since 2007. His role as a consumer representative, counsellor and trainer has seen him work with diverse organisations in both the public and corporate sector, including: New Zealand Police, Child Youth and Family Services, Youthline, Odyssey House, Salvation Army, and the Health Promotion Agency.

A big thank you to our supporters: **Counties Manukau Health**, the **AOD Provider Collaborative** and **DRIVE**.
