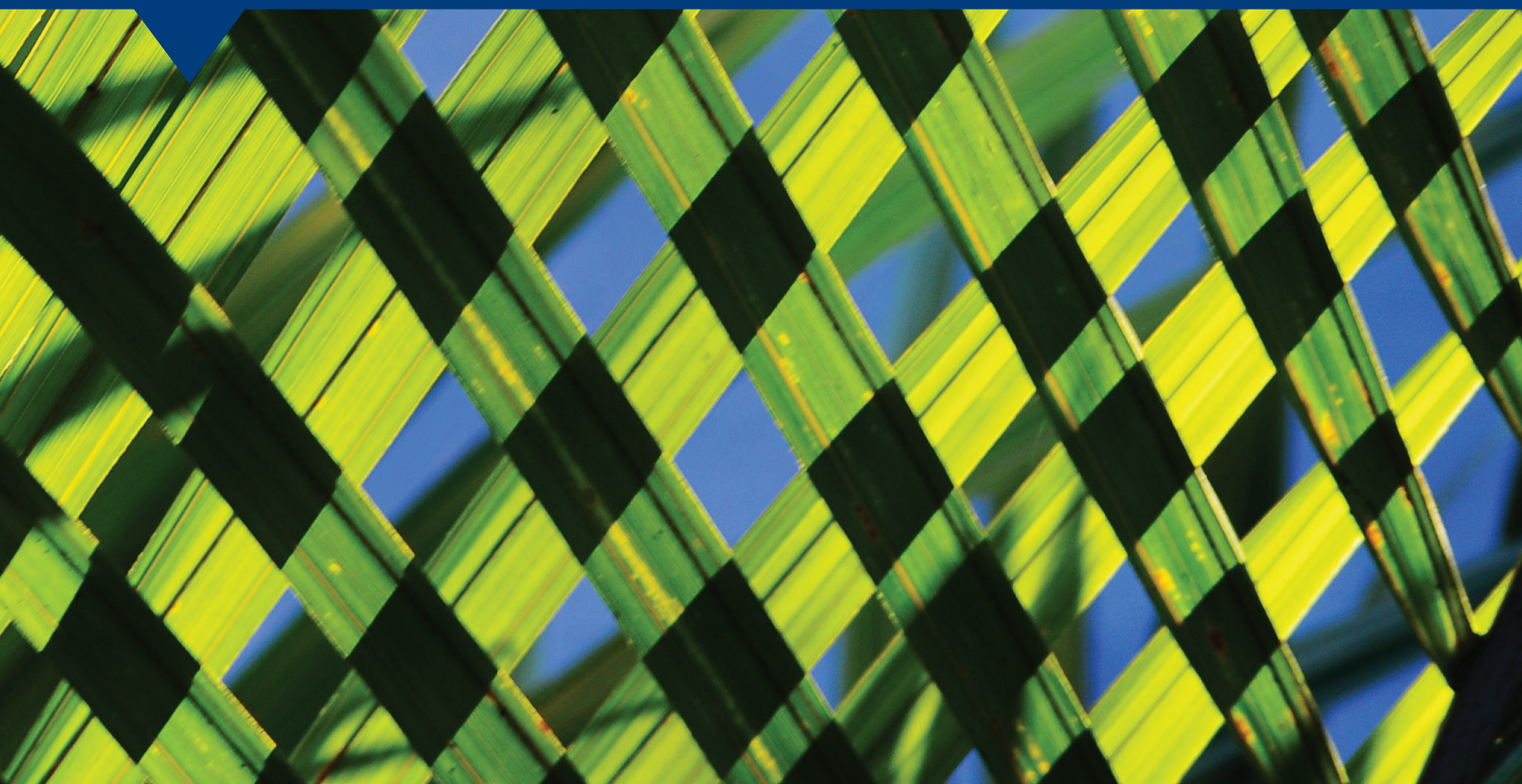


ALCOHOL & DRUG RESOURCES AND PROFESSIONAL DEVELOPMENT

FOR PRIMARY HEALTH CARE SERVICES COUNTIES MANUKAU



/ MAY 2017

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WORKING TOGETHER TO MAXIMISE POSITIVE OUTCOMES



AOD Provider
Collaborative

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Professional Consultation

For professional consultation about clients' substance use issues or treatment for co-existing medical issues, the following addiction specialists can be contacted:

The Alcohol and Drug Helpline 0800 787 797 <http://alcoholdrughelp.org.nz>

The national AOD Helpline provides health professionals with information and advice.

Auckland Community Alcohol & Drug Services (CADS) www.cads.org.nz/health-professionals

CADS' information services for health professionals include:

- An on-call medical officer for immediate medical advice. Phone 021 784 288 or 09 815 5839 and ask to speak to a medical officer.
- GP e-Referrals (by selecting "Addiction Services" in patient management systems) will be triaged by a senior medical officer who is also able to give written advice if requested.
- CADS Counselling Services for addiction treatment information and advice 09 845 1818
- Auckland Opioid Treatment Service (AOTS) ph 09 815 5841 for advice on clients receiving opioid treatment.

PHO Mental Health & Addiction Coordinators

PHO Mental Health and Addiction Coordinators provide information and advice to general practice staff about their patients with addiction and mental health issues.

PHO Mental Health & Addiction Coordinators			
Name	PHO	Email	Phone
Prudence Lam and Wayne Hussey	Alliance Health Plus	prudencel@alliancehealth.org.nz wayneh@alliancehealth.org.nz	09 588 4297
Rudy Bakker	East Health	rbakker@easthealth.co.nz	09 5380599
Janine Thomas	National Hauora Coalition	janinet@nhc.maori.nz	09 950 3325
Balveer Sikh and Shirley Seaton	ProCare	balveers@procare.co.nz shirley.seaton@procare.co.nz	09 262 1480
Pam Low	Total Healthcare / East Tamaki Health Care	pamela@ethc.co.nz	09 274 7823

Treatment Referrals

There are at least 17 services that provide AOD treatment to the Counties Manukau population. Most services can be accessed through client self-referrals, or referrals from professionals on their behalf. Two service maps (one for adult and one for youth services) can be accessed online at the following link: www.aodcollaborative.org.nz

The services below are a good place to start as they can quickly assess and recommend different treatment options:

The Alcohol and Drug Helpline 0800 787 797 <http://alcoholdrughelp.org.nz>

The national AOD Helpline provides a telephone counselling service to clients after self-referral or referral from health professionals, as well as providing information about other AOD services.

Auckland Community Alcohol & Drug Services (CADS) www.cads.org.nz/health-professionals

- CADS Counselling Services 09 845 1818 receive referrals for all CADS services. They can also refer on to other services.
- GP e-Referrals (by using "Addiction Services"),

Information Resources

Counties Manukau AOD Provider Collaborative www.aodcollaborative.org.nz produces a range of resources and reports relevant to primary health, including:

- *A Snapshot of Substance Use and Health Impacts: An overview for health professionals in Counties Manukau*
- *The Counties Manukau Alcohol and other Drug Service Map*
- *The Youth AOD and Mental Health Services: Counties Manukau Map*
- *A Guide to Conversations with Young People about Drugs and Alcohol (booklet) and the Did You Know? series of videos and posters. Please order these through the NZ Drug Foundation website: www.drugfoundation.org.nz/education-resources*

Matua Raki

Matua Raki is the national addiction workforce centre and provides resources relevant to primary health services. These can be downloaded or ordered through their website www.matuaraki.org.nz

- *A guide to the addiction treatment sector in Aotearoa New Zealand*
- *Brief Intervention Guide: Addressing risk and harm from alcohol, other drugs and gambling*
- *Substance withdrawal management: Guidelines for medical and nursing practitioners in primary health, specialist addiction, custodial and general hospital settings*
- *Managing your own withdrawal: A guide for people trying to stop using drugs and/or alcohol*
- *Interventions and Treatment for Problematic Use of Methamphetamine and Other Amphetamine-Type Stimulants*
- *Mental Health and Addiction: Screening and Assessment*
- *Bridging the Gap: Young people and substance use*
- *Living well. Life strategies for family, whānau, and friends of people using alcohol and other drugs.*

Training

Training is available from the agencies listed below, on substance use, screening and assessment, early interventions and understanding other addiction treatment.

Abacus: Counselling, Training & Supervision Ltd. www.acts.co.nz

Abacus is a NZQA registered training provider, which offers a variety of tailor made training related to addiction, gambling, and co-existing mental health issues for a wide range of audiences. They are currently funded by Counties Manukau DHB to provide free training on screening and brief interventions for health providers in Counties Manukau. Some mentoring to apply learning into practice may also be available. For more information contact office@acts.co.nz or 09 360 6957

Community Alcohol & Drug Services (CADS) www.cads.org.nz

CADS, an alcohol and drug treatment service, also provides free training to primary care health professionals about a range of alcohol and drug topics including: screening and brief interventions; Motivational Interviewing; problematic use of substances such as alcohol, benzodiazepines, and methamphetamine; managing withdrawal from substances; and supporting people with co-existing mental health problems. For more information, contact CADS at 845 1818.

The Auckland Collaborative Mental Health and Addictions Credentialing Programme

This credentialing programme for primary health nurses covers knowledge and skills for supporting people with substance use issues. For more information, contact the programme coordinator Jill Moffat, Comprehensive Care, at jmoffat@comprehensivecare.co.nz or 021 811 882.

Goodfellow Unit, University of Auckland www.goodfellowunit.org

To access free Goodfellow Unit training, health professionals complete a brief registration process. The Goodfellow Unit provides a number of courses for health professionals (not for the general public), developed by The Werry Centre, including:

- Co-existing Problems in Youth (9 online courses)
- Foundations in Infant, Child and Adolescent Mental Health (ICAMH) (4 online courses)
- An Introduction to HEEADSSS (Home, Education, Eating, Activities, Drugs & Alcohol, Suicide & Depression, Sexuality and Safety) Assessment

Ministry of Health: Learn-online <http://learnonline.health.nz/index.php>

Free online training about alcohol use in New Zealand, and how to use the ABC Alcohol approach.

Matua Raki www.matuaraki.org.nz/initiatives/co-existing-problems/141

Two free online trainings about supporting people with co-existing mental health and addiction problems:

- Introduction to foundation co-existing problems (CEP) knowledge
- Screening and brief intervention

Education

Auckland-based tertiary qualifications that include AOD studies:

Auckland University of Technology

- Undergraduate qualifications in Health Sciences (Addiction Pathway)
- Postgraduate qualifications in Health Sciences in Mental Health and Addictions

University of Auckland

- Postgraduate qualifications in Health Sciences in Alcohol and Drug Studies
- Postgraduate qualifications in Health Sciences in Advanced Nursing (Mental Health)

WelTec

- Undergraduate qualifications in Addiction Studies

The AOD Provider Collaborative website www.aodcollaborative.org.nz provides more details about these education options.

Mentoring

Mentoring from a trained AOD specialist can be valuable to support the application of learning into practice. To find an addiction mentor, contact the AOD Collaborative www.aodcollaborative.org.nz

AOD Health Professional Pathways

The following professional groups support the further development of addiction expertise:

- **Te Ao Maramatanga—The NZ College of Mental Health Nurses** www.nzcmhn.org.nz

Provides the Mental Health and Addiction Credential in Primary Care (Nursing).

- **The Royal Australasian College of Physicians**

Provides advanced training through the Australasian Chapter of Addiction Medicine

www.racp.edu.au/trainees/advanced-training/advanced-training-programs/addiction-medicine

- **DANA (Drug and Alcohol Nurses of Australasia)** www.danaonline.org

Provides the Addiction Specialty Nursing Competency Framework, 2012.

- **Dapaanz (Addiction Practitioners' Association Aotearoa New Zealand)** www.dapaanz.org.nz

Provides the Addiction Intervention Competency Framework, 2011.

- **Matua Raki (the National Addiction Workforce Development Centre)** www.matuaraki.org.nz

Provides the Te Whare o Tiki, Co-existing Problems Knowledge and Skills Framework, 2013.

About the AOD Provider Collaborative

The Counties Manukau AOD Provider Collaborative was formed in 2009 to ensure providers within the Counties Manukau District Health Board catchment area are working together at a systems-level to maximise positive outcomes for AOD (alcohol and other drug) clients. Funded by Counties Manukau Health with additional support from Odyssey, the Collaborative brings together 17 organisations delivering alcohol and drug treatment or related services within the region.