

## Higher Ground

**The Higher Ground Drug Rehabilitation Trust was established in Auckland in 1984 to treat the severely dependent. We provide quality abstinence-based treatment within a therapeutic community for adult New Zealanders.**

Higher Ground believes that all New Zealanders have a right to a life free of alcohol and other drug dependency. The primary goal of our therapeutic community is to foster personal growth and to minimise harm to self and society. We are committed to on-going research and review of the effectiveness of our services.

We provide rehabilitation programmes that are based on 12 Step recovery principles. We believe the spiritual dimensions of honesty, open mindedness, willingness, faith, hope, respect and generosity are the foundations of healing. We emphasise that clients need to take individual responsibility for their recovery.

Higher Ground has a 48 bed residential community with a significant pre-admission and continuing care team. Our primary focus is an 18 week residential programme.

To find out more about placements at Higher Ground, visit our website [www.higherground.org.nz](http://www.higherground.org.nz), or contact Johnny Dow, Director, at 09-834 0017 ext 106, or [johnnyd@higherground.org.nz](mailto:johnnyd@higherground.org.nz).

### ▶ PLACEMENTS AVAILABLE

Up to seven placements a year, preferably long-term, at a level 7 (Year 2) or above.

### ▶ DEADLINE FOR APPLICATION

November/December for placement the following year.

### ▶ WHAT MIGHT I EXPECT TO LEARN?

- Knowledge of and how to work within a therapeutic community
- Assessment skills
- One on one experience
- Group work experience.

