



AOD Provider
Collaborative

MENTAL HEALTH & ADDICTIONS

2016 ANNUAL RESEARCH SYMPOSIUM
SUPPLEMENTARY WORKSHOP B

Tāmaki Campus, University of Auckland

SUPPLEMENTARY WORKSHOP B

Co-design in practice: introducing the skills of co-design

Dr Ingrid Burkett, Managing Director, Knode, Australia; Social Design Fellow, Centre for Social Impact, Australia; Senior Associate, The Australian Centre for Social Innovation (TACSI).

THURSDAY 30 JUNE

University of Auckland Tāmaki campus, Morrin Road, Glen Innes

09.00am - 12.30pm

Registration and coffee from 8.30am in the Function Hall, Building 730
A light lunch will be provided following the workshop (12.30-1.15pm).

Register at www.aodcollaborative.org.nz



**MEDICAL AND
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SUPPLEMENTARY WORKSHOP B

Co-design in practice: introducing the skills of co-design

Dr Ingrid Burkett (PhD)

This workshop will introduce participants to some of the basic and core skills of co-design to create better outcomes and support innovation in services.

We will look at what it means to undertake co-design - from basic projects involving co-design to more embedded approaches. You will have the opportunity to try some of the tools and methods that are often used in co-design, and come to understand what the foundation principles mean in practice.

We will focus on mapping tools (which can help to make explicit people's experiences of services, places and networks); guided interviews and generative tools (which can help to uncover what people say and do in relation to outcome goals and experiences); and rapid ethnography (which can help workers gain very different perspectives of what issues, needs and outcomes mean in a person's life).

You will leave the workshop with:

- a better understanding of what it means and what it takes to do co-design
- an overview of some of the key skills and capacities that are needed for co-design (and a self assessment of what skills you already have and what skills you might want to develop further)
- at least three core tools and methods often used in co-design work
- a project idea to test in your own workplace.

***Ingrid Burkett** (PhD) is Managing Director of Knode, a social business focused on research and design for social innovation. She is a social designer, designing and co-designing processes, products and knowledge that deepen social impact and facilitate social innovation. She has contributed to the design of services, policy and processes in a diversity of fields, including frontline social, health and disability services, community development, local economic development, social investment, social enterprise and social procurement.*

Ingrid is also Social Design Fellow at the Centre for Social Impact, at the University of NSW in Sydney and the University of Western Australia in Perth. In addition, she holds a Senior Associate position with The Australian Centre for Social Innovation (TACSI).

Ingrid is Immediate Past President and Honorary Ambassador of the International Association for Community Development and is committed to fostering an international dialogue about designing innovative methodologies for sustainable development.

Ingrid has worked in the community sector, government and with the private sector and believes that each of these sectors has a valuable role to play in social innovation. Ingrid is also a practising artist and graphic designer. She weaves this passion into all her work and is well known for her use of visuals in publications, speeches and workshops.